

# Kaolin/Pectin

(kay-oh-lin/pek-tin)

**Category:** Gastrointestinal adsorbent/protectant

**Other Names for this Medication:** Kaopectate®

**Common Dosage Forms: Veterinary:** Kaolin-Pectin oral suspension: Kaolin 5.8 g with pectin 0.26 g per 30 mL. **Human:** None.

This information sheet does not contain all available information for this medication. It is to help answer commonly asked questions and help you give the medication safely and effectively to your animal. If you have other questions or need more information about this medication, contact your veterinarian or pharmacist.

## Key Information

- ▶ Used as an aid in the treatment of noninfectious diarrhea, upset stomach, or nausea.
- ▶ Kaolin is very safe when used as directed.
- ▶ Constipation is the most common side effect.
- ▶ Shake suspensions well before measuring the dose.

## How is this medication useful?

Kaolin-containing products can be used in dogs, cats, and horses, and possibly in other small mammals (eg, rabbits, guinea pigs) as an aid in the treatment of noninfectious diarrhea, and as an aid in the relief of nausea and stomach upset.

While kaolin has a long history of being used in animals, the FDA (U.S. Food & Drug Administration) has not approved it for use in animals. The FDA allows veterinarians to prescribe products containing this drug in different species or for other conditions in certain situations. You and your veterinarian can discuss why this drug is the most appropriate choice.

## What should I tell my veterinarian to see if this medication can be safely given?

Many things might affect how well this drug will work in your animal. Be sure to discuss the following with your veterinarian so together you can make the best treatment decisions.

- ▶ Other drugs can interact with this medication, so be sure to tell your veterinarian and pharmacist what medications (including vitamins, supplements, or herbal therapies) you give your animal, including the amount and time you give each.
- ▶ Tell your veterinarian about any conditions or diseases your animal may have now or has had in the past.
- ▶ If your animal has been treated for the same disease or condition in the past, tell your veterinarian about the treatment and how well it did or didn't work.
- ▶ If your animal is pregnant or nursing, talk to your veterinarian about the risks of using this drug.
- ▶ Tell your veterinarian and pharmacist about any medication side effects (including allergic reactions, lack of appetite, diarrhea, itching, hair loss) your animal has developed in the past.

## When should this medication not be used or be used very carefully?

No drug is 100% safe in all patients, but your veterinarian will discuss with you any specific concerns about using this drug in your animal.

This drug **SHOULD NOT** be used in:

- ▶ Animals that are allergic to it.
- ▶ Cases in which diarrhea is caused by an infection.

- ▶ Kaolin-bismuth subsalicylate combination (Kaopectate®) should not be used in cats.

This drug should be used **WITH CAUTION** in patients:

- ▶ Receiving other medications by mouth as kaolin may interfere with how those other drugs are absorbed.

If your animal has any of these conditions, talk to your veterinarian about the potential risks versus benefits.

## What are the side effects of this medication?

In dogs and cats, kaolin is normally tolerated well.

### Side effects that usually are not serious include:

- ▶ Constipation, which usually resolves on its own.

You don't have to be overly concerned if you see any of these signs unless they are severe, worsen, or continue to be a problem. Contact your veterinarian if this happens.

### Side effects that may be serious or indicate a serious problem:

- ▶ Inability to have a bowel movement.
- ▶ Development of a fever.
- ▶ Low energy level; loss of appetite.

If you see any of these signs, contact your veterinarian immediately.

## If my animal gets too much of this medication (an overdose), what should I do?

If you witness or suspect an overdose, contact your veterinarian or an animal poison control center for further advice. Animal poison control centers that are open 24 hours a day include: **Pet Poison HELPLINE** (855-764-7661) and **ASPCA Animal Poison Control Center** (888-426-4435); a consultation fee is charged for these services.

## How should this medication be given?

For this medication to work, give it exactly as your veterinarian has prescribed. It's a good idea to always check the prescription label to be sure you are giving the drug correctly.

- ▶ Kaolin-containing products are available as oral suspensions, which must be shaken well before measuring each dose.
- ▶ When given by mouth, kaolin may be given either with food or on an empty stomach. If your pet vomits or acts sick after receiving the drug on an empty stomach, try giving the next dose with food or a small treat. If vomiting continues, contact your veterinarian.
- ▶ Liquid forms of this medication must be measured carefully. Your veterinarian or pharmacist can help by providing special measuring spoons or syringes.
- ▶ If you have difficulty getting your animal to take the medicine, contact your veterinarian or pharmacist for tips to help with dosing and reducing the stress of medication time.

- ▶ This medication can be given for various lengths of time. Be sure you understand how long your veterinarian wants you to continue giving this medication. Prescription refills may be necessary before the therapy will be complete. Before stopping this medication, talk to your veterinarian, as there may be important reasons to continue its use.

#### **What should I do if I miss giving a dose of this medication?**

If you miss a dose, give it when you remember, but if it is close to the time for the next dose, either skip the dose you missed and give it at the next scheduled time and return to the regular dosing schedule, or give it when you remember and then wait the amount of time between doses recommended by your veterinarian before giving another dose. Do not double-up or give extra doses.

#### **How should I store this medication?**

- ▶ Store this medication in the original prescription bottle at room temperature and protected from light.
- ▶ If your veterinarian or pharmacist has made (compounded) a special formulation for your animal, follow the storage recommendations and expiration date for the product.
- ▶ Keep away from children and other animals.

#### **Can handling this medication be hazardous to me, my family, or other pets?**

There are no specific precautions required when handling this medication unless you are allergic to it, but it is always a good idea to wash your hands after handling any medication. If you are allergic to the medication, wear gloves when handling.

#### **How should I dispose of this medication if I don't use it all?**

- ▶ Do not flush this medication down the toilet or wash it down the sink. If a community drug “take-back” program is available, use this option. If there is no take-back program, mix the drug with coffee grounds or cat litter (to make it undesirable to children and animals and unrecognizable to people who might go through your trash), place the mixture in a sealable plastic bag to keep it from leaking out, and throw the bag out with the regular trash.
- ▶ Do not save leftover medication for future use or give it to others to use.

#### **What other information is important for this medication?**

- ▶ Use of this drug may not be allowed in certain animal competitions. Check rules and regulations before entering your animal in a competition while this medication is being administered.

**If you have any other questions or concerns about this medication, contact your veterinarian or pharmacist.**