

# Folic Acid

(foe-lik ass-id)

**Category:** Nutritional Supplement; B-Vitamin

**Other Names for this Medication:** Folvite®, folate, vitamin B9

**Common Dosage Forms: Veterinary:** None. **Human:** 0.4 mg, 0.8 mg, & 1 mg tablets; 0.8 mg, 5 mg, & 20 mg capsules; 5 mg/mL injection.

This information sheet does not contain all available information for this medication. It is to help answer commonly asked questions and help you give the medication safely and effectively to your animal. If you have other questions or need more information about this medication, contact your veterinarian or pharmacist.

## Key Information

- ▶ May be given either orally (by mouth) or as a shot. When given orally, may give with or without food. If your pet vomits or acts sick after receiving the drug on an empty stomach, try giving the next dose with food or a small treat. If vomiting continues, contact your veterinarian.
- ▶ Usually no side effects.
- ▶ When used to treat folate deficiency, associated with small intestinal disease or pancreatic insufficiency, lifelong monitoring and periodic replacement therapy may be required.

## How is this medication useful?

Folic acid is used to treat folic acid deficiency in dogs, cats, and horses caused by small intestinal disease.

The FDA (U.S. Food & Drug Administration) has approved this drug for use in humans but it is not officially approved for use in animals. The FDA allows veterinarians to prescribe products containing this drug in different species or for other conditions in certain situations. You and your veterinarian can discuss why this drug is the most appropriate choice.

## What should I tell my veterinarian to see if this medication can be safely given?

Many things might affect how well this drug will work in your animal. Be sure to discuss the following with your veterinarian so together you can make the best treatment decisions.

- ▶ Other drugs can interact with this drug, so be sure to tell your veterinarian and pharmacist what medications (including vitamins, supplements, or herbal therapies) you give your animal, including the amount and time you give each.
- ▶ Tell your veterinarian about any conditions or diseases your animal may have now or has had in the past.
- ▶ If your animal has been treated for the same disease or condition in the past, tell your veterinarian about the treatment and how well it did or didn't work.
- ▶ If your animal is pregnant or nursing, talk to your veterinarian about the risks of using this drug.
- ▶ Tell your veterinarian and pharmacist about any medication side effects (including allergic reactions, lack of appetite, diarrhea, itching, hair loss) your animal has developed in the past.

## When should this medication not be used or be used very carefully?

No drug is 100% safe in all patients, but your veterinarian will discuss with you any specific concerns about using this drug in your animal.

## What are the side effects of this medication?

Folic acid is quite safe and side effects are not expected. Occasionally, stomach upset may occur after oral doses have been given. Give medicine with food if this occurs.

## If my animal gets too much of this medication (an overdose), what should I do?

Overdoses rarely cause problems. Large overdoses have reportedly caused neurologic problems in humans. If you witness or suspect a very large overdose, contact your veterinarian or an animal poison control center for further advice. Animal poison control centers that are open 24 hours a day include: **ASPCA Animal Poison Control Center** (888-426-4435) and **Pet Poison HELPLINE** (855-764-7661); a consultation fee is charged for these services.

## How should this medication be given?

For this medication to work, give it exactly as your veterinarian has prescribed. It's a good idea to always check the prescription label to be sure you are giving the drug correctly.

- ▶ When giving orally (by mouth), this drug may be given either with food or on an empty stomach. If your pet vomits or acts sick after receiving the drug on an empty stomach, try giving the next dose with food or a small treat. If vomiting continues, contact your veterinarian.
- ▶ Liquid forms of this medication must be measured carefully. Your veterinarian or pharmacist can help by providing special measuring spoons or syringes.
- ▶ If you have difficulty getting your animal to take the medicine, contact your veterinarian or pharmacist for tips to help with dosing and reducing the stress of medication time.
- ▶ When given as a shot (injection), this drug is given either under the skin (SC, subcutaneous) or in the muscle (IM, intramuscular). Be sure you understand how to give these shots properly and where to give them.
- ▶ Patients are usually on this medication for an extended period, often for the rest of their lives. Give this medication according to the label's instructions and obtain refills as needed. Before stopping this medication, talk to your veterinarian, as there may be important reasons to continue its use.

## What should I do if I miss giving a dose of this medication?

If you miss a dose, give it when you remember, but if it is close to the time for the next dose, skip the dose you missed and give it at the next scheduled time. After that, return to the regular dosing schedule. Do not double-up or give extra doses.

**How should I store this medication?**

- ▶ Store tablets in the original prescription bottle or an approved dosage reminder container (ie, pill minder) at room temperature and protected from light and moisture.
- ▶ The injection liquid should be stored at room temperature and protected from light. Do not allow it to freeze.
- ▶ If your veterinarian or pharmacist has made (compounded) a special formulation for your animal, follow the storage recommendations and expiration date for the product.
- ▶ Keep away from children and other animals.

**Can handling this medication be hazardous to me, my family, or other pets?**

There are no specific precautions required when handling this medication unless you are allergic to it. Wash your hands after handling any medication.

**How should I dispose of this medication if I don't use it all?**

- ▶ Do not flush this medication down the toilet or wash it down the sink. If a community drug "take-back" program is available, use this option. If there is no take-back program, mix the drug with coffee grounds or cat litter (to make it undesirable to children and animals and unrecognizable to people who might go through your trash), place the mixture in a sealable plastic bag to keep it from leaking out, and throw the bag out with the regular trash.
- ▶ Do not save leftover medication for future use or give it to others to use.

**What other information is important for this medication?**

- ▶ Periodic lab tests will be needed to measure the effectiveness of this medication. Do not miss these important follow-up visits.
- ▶ If you are giving these shots at home, place used needles and syringes in a sharps disposal container immediately after they have been used. Your veterinarian or pharmacist will help you obtain these containers. Be careful not to accidentally stick yourself; do not attempt to disconnect the needle from the syringe. Keep containers out of reach of children and animals. Once about  $\frac{3}{4}$  full, dispose containers according to your community guidelines. Check with your local trash removal services or health department (listed online and in the city or county government [blue] pages in your phone book) to see which disposal methods are available in your area.
- ▶ Use of this drug may not be allowed in certain animal competitions. Check rules and regulations before entering your animal in a competition while this medication is being administered.

**If you have any other questions or concerns about this medication, contact your veterinarian or pharmacist.**